



Malmesbury Therapy

Website: <https://malmesburytherapy.co.uk>

Email: info@malmesburytherapy.co.uk

Tel: 07920 763238

Therapeutic Contract

Code of Ethics and Practice

I hold a BSc (Hons) in Psychology, diplomas in Therapeutic and Psychotherapeutic Counselling, Hypnotherapy and NLP, BSc (Hons) Psychology and a BACP Certificate of Proficiency. I am an accredited member of the National Counselling Society, the Council for Hypnotherapy so you can be assured of my credentials. I also work within the NCS and British Association of Counselling and Psychotherapy (BACP) Code of Ethics, a copy can be found at www.bacp.co.uk/ethical_framework.

My work is integrative and my aim is to create a safe space to support you. Please ask if you have any questions about how I work.

Confidentiality

Details of sessions are confidential and any brief notes are kept as a brief reminder of our work together in a locked cabinet. My work is reviewed with a supervisor each month and identifying details are not used unless there are exceptional circumstances.

There are exceptions that include:

- serious injury or risk of harm caused to myself or another individual.
- child abuse has been disclosed.
- a miscarriage of justice will occur.
- I am summoned by a Court of Law.
- if I suspect you or someone you know might be involved in terrorist activities

Length of Sessions

Individual Therapy is offered for 60 minutes on a weekly or fortnightly basis (unless there are extenuating circumstances) at a fee of £55 per session, £60 per couples sessions. Therapy can be time-limited basis or open-ended as discussed. I can offer a four-session package at £200.

Abusive or Threatening Behaviour

Abusive or threatening behaviour is not acceptable. I reserve the right to withdraw services if this happens.

Financial Agreement

Sessions are at a rate as agreed above. Amendments can be discussed with notice. Your session day and time will be reserved for you until our work ends; ideally with a week's notice on either side. Fees may be paid directly to my bank account: Smile, name: MS K M JAMES; Sort code 08 92 86; A/C: 03486760 or by cash at the session.

Cancellation of Sessions

Please give 48 hours (excluding weekends) if you wish to cancel a session. Sessions booked and not paid for may be chargeable without sufficient notice. Please see my legal terms: <https://malmesburytherapy.co.uk/legal/>

I understand and agree to work within the terms of this contract.

Client Signature..... Date:

Kate (Therapist) .Kate M James¹.. Date: